

# Unique Solutions for Unique Problems

Everyone has different needs, so **People Resources** provides a customized solution that is unique to you and your situation.

Look how **People Resources** can work for you:



While going through a bitter divorce, **Jane** was forced to stay with friends and family members. She could afford a monthly rent payment, but was unable to save the funds needed for a security deposit. She called our Resource Coordination team and they were able to secure the funds for a deposit and first month's rent through a local charity. Jane was very grateful and said the help saved her life and her job.



Recently, **Martha** became the care taker and provider for her ailing mother. Through the EAP, Martha was able to receive counseling for the stress and anxiety she was experiencing due to her new responsibilities. Also, the Resource Coordination team was able to assist Martha with locating Adult Daycare services in her area.



**Uri** was faced with a family crisis. His father passed away and he needed to get to Latvia for the funeral. With such short notice the cost was going to be exorbitant. Uri called People Resources about his situation. The Resource Coordination team was able to find a reasonable air fare for the immediate trip. Uri was able to attend his father's funeral and provide strength for his family.

## Your People Resources EAP

**works around-the-clock to help people just like you find solutions to life's challenges that can affect your personal life and job performance.**

Check your specific benefits program to verify which of the following enhanced services may be available to you.

### Legal Consulting Services

Overwhelmed by legal questions about child support? Bankruptcy? Housing issues? Help is only a call away. A WorkLife specialist can help determine whether you need legal advice and arrange for an attorney to discuss your situation with you.

### Child/Elder Care Services

Worried about getting good care for your children or elderly parents? A WorkLifeTools search can help you find the best-qualified, accredited providers in your area. You also have free access to the 24-hour Caregiver Resource Line and online resources to find answers to commonly asked questions about dependent care.

### Financial Consulting Services

Most people have money worries from time to time. Credit card debt, taxes, college tuition, medical expenses or unexpected house repairs can be upsetting. But you can get knowledgeable guidance and information through your People Resources EAP.

### Convenience Services

Daily Living and Convenience Services save time and energy for you. For service needs such as pet care, consumer and safety tips, school and college planning, home contractors, travel and more, call your EAP resource coordinator today. Save time by letting someone else do the legwork.

**Call Now**

**1-800-765-9124**

# Vital Tools for Employee Success™



**PeopleResources**  
Employee Assistance Program

Something on your mind?  
Your EAP is there whenever you need it.

[www.WorkLifeTools.com](http://www.WorkLifeTools.com)  
or call toll free 1-800-765-9124

## Vital Tools for Employee Success

Today's lifestyles can create unwanted personal challenges and stress for many people. If you find yourself preoccupied with worry, unable to solve it yourself, hoping it will just go away, or feeling you don't know quite what to do, turn to your **Employee Assistance Program (EAP)**.

Combined with **WorkLifeTools.com**, your EAP offers, at no cost to you and your family, Vital Tools for Employee Success: a comprehensive and integrated network of experts and information that creates solutions confidentially and professionally through telephone counseling, face-to-face counseling and convenience services for a wide range of personal needs in areas such as:

- **Marriage and family communication**
- **Stress and anxiety**
- **Legal issues**
- **Professional care for children and elderly dependents**
- **Emotional and psychological concerns**
- **Community resources**
- **Alcohol and drug abuse**
- **Financial counseling and planning**
- **Health and wellness**
- **Parenting concerns**
- **Daily living**

## WorkLifeTools.com Internet-Based Solutions and Information

You and your family members can step into a vast store of free information and resources to answer questions about debt and finances; healthcare, childcare or elder care; substance or alcohol abuse; marital, legal or emotional difficulties; or other personal challenges.

Whatever your concern, you'll find an array of help and guidance:

- **Expert articles**
- **Reference materials**
- **Online databases**
- **Self-assessments**
- **Bulletin boards**
- **Community provider searches**

You can even submit questions for expert answers or arrange to talk to a professional counselor. All at **WorkLifeTools.com**.

It's easy! Just go online, anytime, to **WorkLifeTools.com**. To access online services, set up a confidential user name with your company name and you are ready to go! You can begin exploring a world of helpful information, articles, self-assessments and more. Help is just a click away.

It's free, and full of great tools for your success.

**1-800-765-9124**

**www.WorkLifeTools.com**

## Help is available.

In Person, by Telephone or on the Web

Your EAP can be accessed around the clock and in the privacy of your own home.

Right now you have available at your fingertips:

- Around-the-clock 800-number telephone assistance—just dial **1-800-765-9124**
- Professional EAP counselors for face-to-face assessment, telephone consultations or counseling.
- Online access to self-assessments and a vast information database at **WorkLifeTools.com**
- Online requests for information and services from WorkLife experts in health, wellness, family issues, law and related fields.

Whether by phone, in person or on the web, help from your EAP is always confidential. And since your employer has prepaid for most services, there's little, if any, cost to you or your family.

